



150 Hollydell Dr., Sewell, NJ 08080 • Phone: (856) 498-8181 or (609) 405-3824

Mon –Fri 4 pm until 8 pm * Sat 9 am until 12 noon

www.goingverticalsj.com

We facilitate progressive programs for speed, agility, and power development to unlock the potential of every committed athlete willing to gain an edge. By focusing on the fundamentals of athleticism, we accelerate improvement and ultimately enhance sports performance. Our programs are proven effective...from recreational to professional; thousands of athletes have made Going Vertical an integral part of their training regimen. Our unique equipment and innovative concepts coupled with expert staff will produce results. We have a flexible schedule for pre-season, off-season, or even in-season athletes.

8 sessions	\$195
12 sessions	\$260
18 sessions	\$325
24 sessions	\$360
48 sessions	\$575
1 year unlimited	\$800 or \$200 down \$100 for 8 month

Team and family discounts available